

Event	Age Division	Entrants	Lanes	Heats	Estimate		
					Per Heat	Total	Start Time
							9:00 AM
80mH	11-12 Girls	6	8	1	1:30	1:30	9:00 AM
80mH	11-12 Boys	3	8	1	1:30	1:30	9:01 AM
100mH	<i>reset hurdles</i>	1	8	1	2:00	2:00	9:03 AM
100mH	13-14 Girls	16	8	2	1:30	3:00	9:05 AM
100mH	13-14 Boys	11	8	2	1:30	3:00	9:08 AM
100mH	15-16 Girls	14	8	2	1:30	3:00	9:11 AM
100mH	17-18 Women	17	8	3	1:30	4:30	9:14 AM
110mH	<i>reset hurdles</i>	1	8	1	2:00	2:00	9:18 AM
110mH	15-16 Boys	7	8	1	1:30	1:30	9:20 AM
110mH	17-18 Men	19	8	3	1:30	4:30	9:22 AM
1500m	8 & under Girls	4	18	1	9:00	9:00	9:26 AM
1500m	8 & under Boys	8	18	1	9:00	9:00	9:35 AM
1500m	9-10 Girls	11	18	1	9:00	9:00	9:44 AM
1500m	9-10 Boys	19	19	1	9:00	9:00	9:53 AM
1500m	11-12 Girls	23	23	1	9:00	9:00	10:02 AM
1500m	11-12 Boys	21	21	1	9:00	9:00	10:11 AM
1500m	13-14 Girls	29	15	2	9:00	18:00	10:20 AM
1500m	13-14 Boys	35	18	2	9:00	18:00	10:38 AM
1500m	15-16 Girls	9	18	1	9:00	9:00	10:56 AM
1500m	15-16 Boys	27	14	2	9:00	18:00	11:05 AM
1500m	17-18 Women	9	18	1	9:00	9:00	11:23 AM
1500m	17-18 Men	14	18	1	9:00	9:00	11:32 AM
4x100m relay	8 & under Girls	0	8	0	2:00	0:00	11:41 AM
4x100m relay	8 & under Boys	1	8	1	2:00	2:00	11:41 AM
4x100m relay	9-10 Girls	2	8	1	2:00	2:00	11:43 AM
4x100m relay	9-10 Boys	0	8	0	2:00	0:00	11:45 AM
4x100m relay	11-12 Girls	2	8	1	2:00	2:00	11:45 AM
4x100m relay	11-12 Boys	0	8	0	2:00	0:00	11:47 AM
4x100m relay	13-14 Girls	3	8	1	2:00	2:00	11:47 AM
4x100m relay	13-14 Boys	2	8	1	2:00	2:00	11:49 AM
4x100m relay	15-16 Girls	7	8	1	2:00	2:00	11:51 AM
4x100m relay	15-16 Boys	6	8	1	2:00	2:00	11:53 AM
4x100m relay	17-18 Women	4	8	1	2:00	2:00	11:55 AM
4x100m relay	17-18 Men	6	8	1	2:00	2:00	11:57 AM
400m	8 & under Girls	17	8	3	2:30	7:30	11:59 AM
400m	8 & under Boys	16	8	2	2:30	5:00	12:07 PM
400m	9-10 Girls	30	8	4	2:30	10:00	12:12 PM
400m	9-10 Boys	35	8	5	2:30	12:30	12:22 PM
400m	11-12 Girls	36	8	5	2:30	12:30	12:34 PM
400m	11-12 Boys	35	8	5	2:30	12:30	12:47 PM
400m	13-14 Girls	45	8	6	2:00	12:00	12:59 PM

Event	Age Division	Entrants	Lanes	Heats	Estimate		
					Per Heat	Total	Start Time
400m	13-14 Boys	48	8	6	2:00	12:00	1:11 PM
400m	15-16 Girls	46	8	6	2:00	12:00	1:23 PM
400m	15-16 Boys	56	8	7	2:00	14:00	1:35 PM
400m	17-18 Women	35	8	5	2:00	10:00	1:49 PM
400m	17-18 Men	50	8	7	2:00	14:00	1:59 PM
100m	8 & under Girls	25	8	4	0:45	3:00	2:13 PM
100m	8 & under Boys	35	8	5	0:45	3:45	2:16 PM
100m	9-10 Girls	42	8	6	0:45	4:30	2:20 PM
100m	9-10 Boys	44	8	6	0:45	4:30	2:24 PM
100m	11-12 Girls	44	8	6	0:45	4:30	2:29 PM
100m	11-12 Boys	40	8	5	0:45	3:45	2:33 PM
100m	13-14 Girls	60	8	8	0:45	6:00	2:37 PM
100m	13-14 Boys	44	8	6	0:45	4:30	2:43 PM
100m	15-16 Girls	40	8	5	0:45	3:45	2:48 PM
100m	15-16 Boys	37	8	5	0:45	3:45	2:51 PM
100m	17-18 Women	30	8	4	0:45	3:00	2:55 PM
100m	17-18 Men	29	8	4	0:45	3:00	2:58 PM
Lunch Break						30:00	3:01 PM
800m	8 & under Girls	5	16	1	5:00	5:00	3:31 PM
800m	8 & under Boys	9	16	1	5:00	5:00	3:36 PM
800m	9-10 Girls	16	16	1	4:30	4:30	3:41 PM
800m	9-10 Boys	27	16	2	4:30	9:00	3:46 PM
800m	11-12 Girls	25	16	2	4:00	8:00	3:55 PM
800m	11-12 Boys	26	16	2	4:00	8:00	4:03 PM
800m	13-14 Girls	35	16	3	4:00	12:00	4:11 PM
800m	13-14 Boys	41	16	3	4:00	12:00	4:23 PM
800m	15-16 Girls	16	16	1	4:00	4:00	4:35 PM
800m	15-16 Boys	35	16	3	4:00	12:00	4:39 PM
800m	17-18 Women	20	16	2	4:00	8:00	4:51 PM
800m	17-18 Men	29	16	2	4:00	8:00	4:59 PM
200m	8 & under Girls	25	8	4	1:00	4:00	5:07 PM
200m	8 & under Boys	31	8	4	1:00	4:00	5:11 PM
200m	9-10 Girls	41	8	6	1:00	6:00	5:15 PM
200m	9-10 Boys	46	8	6	1:00	6:00	5:21 PM
200m	11-12 Girls	46	8	6	1:00	6:00	5:27 PM
200m	11-12 Boys	49	8	7	1:00	7:00	5:33 PM
200m	13-14 Girls	70	8	9	1:00	9:00	5:40 PM
200m	13-14 Boys	47	8	6	1:00	6:00	5:49 PM
200m	15-16 Girls	60	8	8	1:00	8:00	5:55 PM
200m	15-16 Boys	53	8	7	1:00	7:00	6:03 PM
200m	17-18 Women	47	8	6	1:00	6:00	6:10 PM

Event	Age Division	Entrants	Lanes	Heats	Estimate		
					Per Heat	Total	Start Time
200m	17-18 Men	53	8	7	1:00	7:00	6:16 PM
4x400m relay	8 & under Girls	0	8	0	8:00	0:00	6:23 PM
4x400m relay	8 & under Boys	1	8	1	8:00	8:00	6:23 PM
4x400m relay	9-10 Girls	1	8	1	8:00	8:00	6:31 PM
4x400m relay	9-10 Boys	1	8	1	8:00	8:00	6:39 PM
4x400m relay	11-12 Girls	1	8	1	7:00	7:00	6:47 PM
4x400m relay	11-12 Boys	0	8	0	7:00	0:00	6:54 PM
4x400m relay	13-14 Girls	6	8	1	7:00	7:00	6:54 PM
4x400m relay	13-14 Boys	0	8	0	7:00	0:00	7:01 PM
4x400m relay	15-16 Girls	5	8	1	7:00	7:00	7:01 PM
4x400m relay	15-16 Boys	5	8	1	7:00	7:00	7:08 PM
4x400m relay	17-18 Women	4	8	1	7:00	7:00	7:15 PM
4x400m relay	17-18 Men	7	8	1	7:00	7:00	7:22 PM